



The Northern Knights Notice

The Farmers Thank The DCA For Starting The Rep Season & Breaking The Drought.

With the heavens opening up throughout NSW there is little to write about this week in regards to the exploits of our Northern Knights Representative teams.

With the fact that there is no stats or reports to ponder it seems timely to inform you of a few fundraising items which are being sponsored by Hornsby Ku-ring-gai & Hills District Cricket Association.

The first is the Movember Campaign- Our elustrius leader **Mark Rushton** will be doning a moustache. He will put aside any personal pride & leave himself open to ridicule & bad jokes in the aid to men's health. Further to that he will be doing it from his hospital bed after spinal surgery he has just endured due to a recent set back in his health. I will keep you posted of any challages set by any rep team for your team to better. It would show great support for Mark in this quest he has decided to take. Please see the attached documentation in support which explains the method to donate & an important message for us men.

Secondly is a **Giant, Massive Humungous Raffle** which again Mark is organizing in aid of a young boy by the name of **Kai Connell**. Kai's story is attached & I am sure will touch your heart as it did mine. Again I ask that you keep an eye out in the newsletter of the up coming raffle & give it your full support.

This weekend sees the second round of the Shield competition & the first Cup games in a 20/20 format. I wish all teams the best for the weekend & hope that the weather can hold to enable the boys to get on the pitch.

The Triforce Offer is still on for all rep players, please feel free to call or email Nathan if you have any quieries.

Letter from Mark Rushton

Hi everyone,

I was having a bit of a think whilst laying around in rehab feeling sorry for myself, that I should do something more proactive for others less fortunate than myself. For those who do not know at this stage, I have now been in hospital / rehab for 4 weeks with another 2-4 weeks looming, following emergency spinal surgery and it seems I have suffered some more spinal cord damage. Such is life – so it is now time to get motivated and do another fundraising activity for a couple of worthwhile causes. I would appreciate any support or promotion of this fundraising activity amongst your various club members and /or friends.

This Movember I've decided to donate my face to raising awareness about men's health. My commitment is the growth of a moustache for the entire month of Movember, which I know will generate conversation, controversy and laughter.

I am doing this because close to 3,300 men die of prostate cancer in Australia each year and one in eight men will experience depression in their lifetime.

This is a cause I feel strongly about and I'm asking you to support my efforts by making a donation to me. To help, you can either:

- Click this link <http://au.movember.com/mospace/628016/> and donate online using your credit card or PayPal account
- Write a cheque payable to Movember Foundation, referencing my registration number 628016 and mailing it to: Movember Foundation, PO Box 292, Prahran, VIC, 3181

Through the Movember Foundation and its men's health partners, PCFA and beyondblue: the national depression initiative, Movember is funding world class research, educational and support programs which would otherwise not be possible.

For more details on the impact Movember is having please visit:
<http://au.movemberfoundation.com/research-and-programs>.

Thank you in advance for helping me to support men's health.

Kind regards and best wishes to all,

Mark Rushton

Kai Connell

At the age of 6 months we noticed that Kai was developing a curved spine. We took him to John Hunter hospital to find the problem. They found that he had Neurofibromatosis type 1 and that he had 3 ribs fused on one side of his spine. This necessitated a small fusion on the outside of this curve at 14 months at the Children's hospital at Alexandria.

Just after turning 4 Kai's curve started to get worse and it was determined that he needed more surgery. Without going into details we lost confidence in his surgeon and the system and decided to move to Holland. We had lots of support there as Kai's mum is Dutch.

Just before turning 6 Kai's spine was fused for a second time at the Wilhelmina Children's hospital in Utrecht. We stayed in Holland until we were confident the procedure had worked and return when he was 10.

A little over a year ago Kai's back started to get worse again. He needed more surgery. At about nine hours into his surgery a blood vessel shut down and stopped blood flow to his spinal cord. He lost all feeling and movement to his legs. After another four hours they had gotten some feeling back and some movement in his right leg.

That was four weeks ago. Instead of a week in hospital we are hoping that after seven or eight weeks he will be able to come home. At this stage his left leg is still very poor but we are hopeful that it will get a bit better. We know he won't come out the way he went in but any improvement is a plus.

Kai is an incomplete paraplegic but we don't know what level. It started at T8 but we think it is around T12 now. He will need a wheelchair, maybe a ramp to get out back and so far we have to pay for his prosthetics. I'm not sure if there is anything else.

Michael Connell





Triforce Sports Ashes Offer to All Junior Rep Teams

In the lead up to the biggest cricketing event for the year, Triforce Sports is offering an unbelievable deal to all players of Junior Representative Teams in the NSW DCA.

Triforce Sports is offering a 20% discount on our already discounted prices for any new purchases in one of our 2 Sydney stores. The 20% discount will be given directly back to the players, as well as *another 10%* back to the association!!

We can also arrange for the store to be open especially for your players to come in and select their equipment from our great range of products. Please act fast as this offer is strictly limited til the commencement of the 2010/11 Vodafone Ashes series commencing on the 25th November 2010.

For more information, please contact Business Development Manager,
Nathan Sullivan on 0408 149 155 or
email nathan.sullivan@triforcesports.com.au

**Just print off the newsletter & take it into the store to receive this great
offer**