



Hornsby, Ku-ring-gai & Hills District Cricket Coaches' Association Inc. (HKHDCCA)

Coach the Coaches session – 2018

(especially designed for HK&HDCA club coaches)

Club coaches

- Do you want to learn how to run your weekly team training sessions better?
- Learn new skills and varied activities to keep your players motivated and interested.
- Acquire techniques to fast-track the development of all boys and girls in your team.
- Understand methods of coaching to cater for different ages and abilities in the team.
- Gain tips about forward planning, instilling positive team culture and enjoyment, and
- Learn successful teaching skills – explaining, demonstrating, implementing & reviewing.

You are invited to attend a **free** *Coach the Coaches* session (see details below):

James Park, Hornsby

Sunday, 9 September 2018 (9.00am – 11.00am)



The Coaches' Association is conducting this session, which will be facilitated by **Rod Hokin** (pictured), and other experienced (Level 2) accredited coaches.

As well as being Head Coach of the Coaches' Association, Rod is also the Director of Coaching and 1st XI Coach at The King's School, Parramatta; the Assistant Coach / Manager of the NSW U/15 team; and



the Head Coach of the NSW CIS U/15 team.

In 2017-18, Rod successfully completed the Cricket Australia High Performance (Level 3) Program in Brisbane and Sydney – the highest cricket coaching accreditation in Australia. This advanced coaching course enabled Rod to learn from some of the latest research into coaching and skill acquisition. He has worked with numerous players who have gone on to play at First Class and International levels, and he currently coaches a number of Cricket Australia pathway players.

Rod has been a full-time cricket coach in Australia and overseas for the past 15 years and played First Grade cricket for many years with Northern District CC, Gordon DCC, and in Ireland (UK), where he was his club's Head Coach and overseas professional player. He was Head Coach on the Coaches' Association's U/15 Sri Lanka tour in 2015 and West Indies / USA tour in 2017, and will lead HKHDCCA's next U/15 overseas tour to India in April 2019, supported by Bruce Wood and Josh Miller.

Club Secretaries are asked to promote this rare opportunity by emailing this flyer to the coaches of their junior teams, as well as posting a link to the flyer on their social media platforms and website.

Free online registration via this link: <http://eepurl.com/dFpSjf>

Enquiries – Josh Miller (HKHDCCA Secretary) josh.673@hotmail.com 0434 820 806
Bruce Wood (HKHDCCA President) bgwood@optusnet.com.au 0412 688 629